

For women and girls who have experienced sexual violence.

We will listen and support you.

Counselling, Helpline & Email Support,
Group Work and Practical & Emotional
Support in Northumberland.

Helpline & Email Support

0800 035 2794

emailsupport@rctn.org.uk

Monday to Thursday 6pm - 8.30pm

Friday 11am - 2pm

Info & Referrals

0191 222 0272

www.rctn.org.uk

